

Date: \_\_\_\_\_

**APPS MENTAL HEALTH  
NEW CLIENT QUESTIONNAIRE (Child/Adolescent)**

Child's Name: \_\_\_\_\_

DOB: \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Gender M F Unspecified

School: \_\_\_\_\_ Grade \_\_\_\_\_ IEP OR 504

If Special Education, please specify: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone \_\_\_\_\_ May we leave a message at this number? Y N

Parent's Work Phone \_\_\_\_\_ May we leave a message at this number? Y N

Parent's Cell Phone \_\_\_\_\_ May we leave a message at this number? Y N

Parent's Primary Email: \_\_\_\_\_ May we contact you via email? Y N

Secondary e-mail \_\_\_\_\_ May we send text reminders or messages? Y N

Legal Guardian's Name & DOB (if applicable): \_\_\_\_\_ DOB \_\_\_\_\_

Mothers Name \_\_\_\_\_ DOB \_\_\_\_\_ Mothers Occupation \_\_\_\_\_

Mothers Employer \_\_\_\_\_ Fathers Name \_\_\_\_\_ DOB \_\_\_\_\_

Fathers Occupation \_\_\_\_\_ Fathers Employer \_\_\_\_\_

BOTH Parents Marital Status ( married, re-married, divorced, separated, never married) Who does child live with describe time and with whom? \_\_\_\_\_ Custody Documentation? Y or N

Primary Care Doctor Name: \_\_\_\_\_ Phone# \_\_\_\_\_ Fax# \_\_\_\_\_

Address: \_\_\_\_\_ Date of Last Office Visit: \_\_\_\_\_

Referred By: \_\_\_\_\_ Phone# \_\_\_\_\_

Optional - Ethnicity: \_\_\_\_\_ Race: \_\_\_\_\_ Religion: \_\_\_\_\_ Language \_\_\_\_\_ Gender \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ Phone \_\_\_\_\_ Relation \_\_\_\_\_

I give permission to speak with \_\_\_\_\_ in an emergency, at my provider's discretion.

**Therapist name:** \_\_\_\_\_ **Phone-** \_\_\_\_\_ **Fax#** \_\_\_\_\_

**How often are therapy appointments?** \_\_\_\_\_ **Please Sign Release Y or N**

**Any other support persons with child? Y N If yes who?** \_\_\_\_\_

**INSURANCE INFORMATION:**

**Primary Insurance Carrier:** \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_ Insurance Holder name: \_\_\_\_\_

Relation: \_\_\_\_\_ Insurance Holder Date of Birth: \_\_\_\_\_ Active Date \_\_\_\_\_

SSN of policy holder: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Address of primary insurance holder: \_\_\_\_\_

Name of Behavioral Health Insurance: \_\_\_\_\_ Phone# \_\_\_\_\_

Do you have a copay? \$ \_\_\_\_\_ Do you have a deductible? \$ \_\_\_\_\_ Have you met the deductible? Y or No

Do you need a Referral for full coverage? Y or N Send Claims to Address: \_\_\_\_\_

**Secondary Primary Insurance Carrier:** \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_ Insurance Holder name: \_\_\_\_\_

Relation: \_\_\_\_\_ Insurance Holder Date of Birth: \_\_\_\_\_ Active Date \_\_\_\_\_

SSN of policy holder: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Address of primary insurance holder: \_\_\_\_\_

Name of Behavioral Health Insurance: \_\_\_\_\_ Phone# \_\_\_\_\_

Do you have a copay? \$ \_\_\_\_\_ Do you have a deductible? \$ \_\_\_\_\_ Have you met the deductible? Y or No

Do you need a Referral for full coverage? Y or N- Send Claims to Address: \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Name \_\_\_\_\_



PATIENT NAME

DATE OF BIRTH

DATE

**\*\* PLEASE BE SURE TO FILL OUT A RELEASE FOR EACH MEDICAL PROFESSIONAL & THERAPIST THAT YOU HAVE HAD TREATMENT WITH. ALSO, ANY HOSPITAL YOU HAVE BEEN ADMITTED TO OR RECEIVED TREATMENT:**

**CURRENT MEDICATIONS:**

NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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NAME OF MEDICATION	DOSE (mg)	FREQUENCY	PRESCRIBED BY	DIAGNOSIS	
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**PREVIOUS HOSPITALIZATIONS:** ( NAME OF HOSPITAL--REASON FOR ADMISSION & ADMISSION DAYS) \_\_\_\_\_

PAST MENTAL HEALTH MEDICATIONS( APPROX DATES MEDICATION WAS TAKEN AND WHY STOPPED) \_\_\_\_\_

ALLERGIES TO MEDICATIONS( AND REACTION)- \_\_\_\_\_

\_\_\_\_\_

**CONSENT FOR RELEASE OF INFORMATION**

**CB Benway, CRNP, PMH**

**201 Prospect Ave**

**Hagerstown, Maryland 21742**

**appsmentalhealth@gmail.com**

**Telephone: 240-970-7300**

**\*Fax: 240-231-9755**

**INFORMED CONSENT FOR ONLINE THERAPY/ MEDICATION MANAGEMENT SERVICES**

This form is designed to allow you to give informed consent for the use of video technology for online therapy and medication management. Read it thoroughly for understanding and ensure all of your questions are answered before signing to give consent.

I understand that therapy and medication management conducted online is technical in nature and that problems may occasionally occur with internet connectivity. Difficulties with hardware, software, equipment, and/ or services supplied by a 3rd party may result in interruptions. Any problems with internet availability or connectivity are outside the control of the provider and the provider makes no guarantee that such services will be available or work as expected. If something occurs to prevent or disrupt any scheduled appointment due to technical complications and the session can not be completed via online video conferencing, I agree to call my provider back at 240-970-7300 (office telephone number). Immediately. Or other arrangements will be made.

I AGREE TO TAKE FULL RESPONSIBILITY FOR THE SECURITY OF ANY COMMUNICATIONS OR TREATMENT ON MY OWN COMPUTER OR DEVICE AND IN MY OWN PHYSICAL LOCATION. I understand I am solely responsible for maintaining the strict confidentiality of my user ID and password and not allow another person to use my User ID to access these services. I also understand that there will be no recording of any of the online or telephone sessions and that all information disclosed within sessions and the written records pertaining to those sessions are confidential and may not be revealed to anyone without my written permission, except where disclosure is required by law.

\_\_\_\_\_  
Patient/ Client Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
DATE

\_\_\_\_\_  
Parent, Guardian/ Legal Representative Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
DATE

\_\_\_\_\_  
Provider Signature or Witness Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
DATE

8-17 years old

Name:

Date:

ID#:

DOB:

### GAD-7

Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not At All	Several Days	More Than Half the Days	Nearly Every Day
1. Feeling nervous, anxious or on edge	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
2. Not being able to stop or control worrying	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
3. Worrying too much about different things	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
4. Trouble relaxing	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
5. Being so restless that it is hard to sit still	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
6. Becoming easily annoyed or irritable	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>
7. Feeling afraid as if something awful might happen	0 <input type="radio"/>	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>

+  +

(For office coding: Total Score

)

Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues, with an educational grant from Pfizer Inc. No permission required to reproduce, translate, display or distribute.

8-17 years old

**PHQ-9: MODIFIED FOR TEENS**

**PHQ-9: Modified for Teens**

ID#:

DOB:

Name

Clinician

Date 9/22/2021

Instructions: How often have you been bothered by each of the following symptoms during the past two weeks? For each symptom, choose the answer that best describes how you have been feeling.

	(0) Not At All	(1) Several Days	(2) More Than Half the Days	(3) Nearly Every Day
1. Feeling down, depressed, irritable, or hopeless?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Little interest or pleasure in doing things?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Trouble falling asleep, staying asleep, or sleeping too much?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Poor appetite, weight loss, or overeating?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Feeling tired, or having little energy?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Feeling bad about yourself — or feeling that you are a failure, or that you have let yourself or your family down?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Trouble concentrating on things like school work, reading, or watching TV?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you were moving around a lot more than usual?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Thoughts that you would be better off dead, or of hurting yourself in some way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the **past year** have you felt depressed or sad most days, even if you felt okay sometimes?  Yes  No

If you are experiencing any of the problems on this form, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?  
 Not difficult at all     Somewhat difficult     Very difficult     Extremely difficult

Has there been a time in the past month when you have had serious thoughts about ending your life?  Yes  No

Have you **ever**, in your **whole life**, tried to kill yourself or made a suicide attempt?  Yes  No

For Office Use Only    Score

The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Original document included as part of Addressing Mental Health Concerns in Primary Care: A Clinician's Toolkit. Copyright © 2010 American Academy of Pediatrics. All Rights Reserved. The American Academy of Pediatrics does not review or endorse any modifications made to this document and in no event shall the AAP be liable for any such changes.





# DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
		During the past <b>TWO (2) WEEKS</b> , how much (or how often) have you...					
I.	1.	Been bothered by stomachaches, headaches, or other aches and pains?					
	2.	Worried about your health or about getting sick?					
II.	3.	Been bothered by not being able to fall asleep or stay asleep, or by waking up too early?					
III.	4.	Been bothered by not being able to pay attention when you were in class or doing homework or reading a book or playing a game?					
IV.	5.	Had less fun doing things than you used to?					
	6.	Felt sad or depressed for several hours?					
V. &	7.	Felt more irritated or easily annoyed than usual?					
VI.	8.	Felt angry or lost your temper?					
VII.	9.	Started lots more projects than usual or done more risky things than usual?					
	10.	Slept less than usual but still had a lot of energy?					
VIII.	11.	Felt nervous, anxious, or scared?					
	12.	Not been able to stop worrying?					
	13.	Not been able to do things you wanted to or should have done, because they made you feel nervous?					
IX.	14.	Heard voices—when there was no one there—speaking about you or telling you what to do or saying bad things to you?					
	15.	Had visions when you were completely awake—that is, seen something or someone that no one else could see?					
X.	16.	Had thoughts that kept coming into your mind that you would do something bad or that something bad would happen to you or to someone else?					
	17.	Felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?					
	18.	Worried a lot about things you touched being dirty or having germs or being poisoned?					
	19.	Felt you had to do things in a certain way, like counting or saying special things, to keep something bad from happening?					
		In the past <b>TWO (2) WEEKS</b> , have you...					
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?		<input type="radio"/> Yes	<input type="radio"/> No		
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?		<input type="radio"/> Yes	<input type="radio"/> No		
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like Ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?		<input type="radio"/> Yes	<input type="radio"/> No		
		Used any medicine without a doctor's prescription to get high or change the way you feel (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?		<input type="radio"/> Yes	<input type="radio"/> No		
XII.	24.	In the last 2 weeks, have you thought about killing yourself or committing suicide?		<input type="radio"/> Yes	<input type="radio"/> No		
	25.	Have you EVER tried to kill yourself?		<input type="radio"/> Yes	<input type="radio"/> No		



# DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship with the child: \_\_\_\_\_ ID#: \_\_\_\_\_ DOB: \_\_\_\_\_

**Instructions** (to the parent or guardian of child): The questions below ask about things that might have bothered your child. For each question, circle the number that best describes how much (or how often) your child has been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)	
		During the past <b>TWO (2) WEEKS</b> , how much (or how often) has your child...						
I.	1.	Complained of stomachaches, headaches, or other aches and pains?						
	2.	Said he/she was worried about his/her health or about getting sick?						
II.	3.	Had problems sleeping—that is, trouble falling asleep, staying asleep, or waking up too early?						
III.	4.	Had problems paying attention when he/she was in class or doing his/her homework or reading a book or playing a game?						
IV.	5.	Had less fun doing things than he/she used to?						
	6.	Seemed sad or depressed for several hours?						
V. &	7.	Seemed more irritated or easily annoyed than usual?						
VI.	8.	Seemed angry or lost his/her temper?						
VII.	9.	Started lots more projects than usual or did more risky things than usual?						
	10.	Slept less than usual for him/her, but still had lots of energy?						
VIII.	11.	Said he/she felt nervous, anxious, or scared?						
	12.	Not been able to stop worrying?						
	13.	Said he/she couldn't do things he/she wanted to or should have done, because they made him/her feel nervous?						
IX.	14.	Said that he/she heard voices—when there was no one there—speaking about him/her or telling him/her what to do or saying bad things to him/her?						
	15.	Said that he/she had a vision when he/she was completely awake—that is, saw something or someone that no one else could see?						
X.	16.	Said that he/she had thoughts that kept coming into his/her mind that he/she would do something bad or that something bad would happen to him/her or to someone else?						
	17.	Said he/she felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?						
	18.	Seemed to worry a lot about things he/she touched being dirty or having germs or being poisoned?						
	19.	Said that he/she had to do things in a certain way, like counting or saying special things out loud, in order to keep something bad from happening?						
		In the past <b>TWO (2) WEEKS</b> , has your child ...						
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?		○ Yes	○ No	○ Don't Know		
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?		○ Yes	○ No	○ Don't Know		
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?		○ Yes	○ No	○ Don't Know		
	23.	Used any medicine without a doctor's prescription (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?		○ Yes	○ No	○ Don't Know		
XII.	24.	In the past <b>TWO (2) WEEKS</b> , has he/she talked about wanting to kill himself/herself or about wanting to commit suicide?						
	25.	Has he/she EVER tried to kill himself/herself?						



PATIENT NAME ( LAST, FIRST)

(DOB)

(DATE)

GARS-3

2-17 years (parent)

Section 5: Ratings

Directions: On a scale of 0 to 3, rate the following items in terms of how adequately the item describes the individual's behavior. Circle the number that best describes your observations of the person's typical behavior under ordinary circumstances (i.e., in most places, with people he or she is familiar with, and in usual daily activities). Remember to rate every item. If you are uncertain about how to rate an item, delay the rating and observe the person for a 6-hour period to determine your rating.

- 0 Not at all like the individual
- 1 Not much like the individual
- 2 Somewhat like the individual
- 3 Very much like the individual

PLEASE RATE EVERY ITEM

Restricted/Repetitive Behaviors

1. If left alone, the majority of the individual's time will be spent in repetitive or stereotyped behaviors.	0	1	2	3
2. Is preoccupied with specific stimuli that are abnormal in intensity.	0	1	2	3
3. Stares at hands, objects, or items in the environment for at least 5 seconds.	0	1	2	3
4. Flicks fingers rapidly in front of eyes for periods of 5 seconds or more.	0	1	2	3
5. Makes rapid lunging, darting movements when moving from place to place.	0	1	2	3
6. Flaps hands or fingers in front of face or at sides.	0	1	2	3
7. Makes high-pitched sounds (e.g., eee-eee-eee-eee) or other vocalizations for self-stimulation.	0	1	2	3
8. Uses toys or objects inappropriately (e.g., spins cars, takes action toys apart).	0	1	2	3
9. Does certain things repetitively, ritualistically.	0	1	2	3
10. Engages in stereotyped behaviors when playing with toys or objects.	0	1	2	3
11. Repeats unintelligible sounds (babbling) over and over.	0	1	2	3
12. Shows unusual interest in sensory aspects of play materials, body parts, or objects.	0	1	2	3
13. Displays ritualistic or compulsive behaviors.	0	1	2	3

Subtotals

+	+	+
---	---	---

Restricted/Repetitive Behaviors Raw Score

[Empty box for raw score]

Social Interaction

14. Does not initiate conversations with peers or others.	0	1	2	3
15. Pays little or no attention to what peers are doing.	0	1	2	3
16. Fails to imitate other people in games or learning activities.	0	1	2	3
17. Doesn't follow other's gestures (cues) to look at something (e.g., when other person nods head, points, or uses other body language cues).	0	1	2	3
18. Seems indifferent to other person's attention (doesn't try to get, maintain, or direct the other person's attention).	0	1	2	3
19. Shows minimal expressed pleasure when interacting with others.	0	1	2	3
20. Displays little or no excitement in showing toys or objects to others.	0	1	2	3
21. Seems uninterested in pointing out things in the environment to others.	0	1	2	3
22. Seems unwilling or reluctant to get others to interact with him or her.	0	1	2	3
23. Shows minimal or no response when others attempt to interact with him or her.	0	1	2	3
24. Displays little or no reciprocal social communication (e.g., doesn't voluntarily say "bye-bye" in response to another person saying "bye-bye" to him or her).	0	1	2	3
25. Doesn't try to make friends with other people.	0	1	2	3
26. Fails to engage in creative, imaginative play.	0	1	2	3
27. Shows little or no interest in other people.	0	1	2	3

Subtotals

+	+	+
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Social Interaction Raw Score

[Empty box for raw score]

PATIENT NAME ( LAST, FIRST)

(DOB)

(DATE)

**Social Communication**

28.	Responds inappropriately to humorous stimuli (e.g., doesn't laugh at jokes, cartoons, funny stories).	0	1	2	3
29.	Has difficulty understanding jokes.	0	1	2	3
30.	Has difficulty understanding slang expressions.	0	1	2	3
31.	Has difficulty identifying when someone is teasing.	0	1	2	3
32.	Has difficulty understanding when he or she is being ridiculed.	0	1	2	3
33.	Has difficulty understanding what causes people to dislike him or her.	0	1	2	3
34.	Fails to predict probable consequences in social events.	0	1	2	3
35.	Doesn't seem to understand that people have thoughts and feelings different from his or hers.	0	1	2	3
36.	Doesn't seem to understand that the other person doesn't know something.	0	1	2	3

Subtotals

+	+	+
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Social Communication Raw Score

--

**Emotional Responses**

37.	Needs an excessive amount of reassurance if things are changed or go wrong.	0	1	2	3
38.	Becomes frustrated quickly when he or she cannot do something.	0	1	2	3
39.	Temper tantrums when frustrated.	0	1	2	3
40.	Becomes upset when routines are changed.	0	1	2	3
41.	Responds negatively when given commands, requests, or directions.	0	1	2	3
42.	Has extreme reactions (e.g., cries, screams, tantrums) in response to loud, unexpected noise.	0	1	2	3
43.	Temper tantrums when doesn't get his or her way.	0	1	2	3
44.	Temper tantrums when told to stop doing something he or she enjoys doing.	0	1	2	3

Subtotals

+	+	+
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Emotional Responses Raw Score

--

Is the individual mute?  Yes  No If your answer is yes, do not complete the next two subscales.

**Cognitive Style**

45.	Uses exceptionally precise speech.	0	1	2	3
46.	Attaches very concrete meanings to words.	0	1	2	3
47.	Talks about a single subject excessively.	0	1	2	3
48.	Displays superior knowledge or skill in specific subjects.	0	1	2	3
49.	Displays excellent memory.	0	1	2	3
50.	Shows an intense, obsessive interest in specific intellectual subjects.	0	1	2	3
51.	Makes naïve remarks (unaware of reaction produced in others).	0	1	2	3

Subtotals

+	+	+
---	---	---

Cognitive Style Raw Score

--

**Maladaptive Speech**

52.	Repeats (echoes) words or phrases verbally or with signs.	0	1	2	3
53.	Repeats words out of context (repeats words or phrases heard at an earlier time).	0	1	2	3
54.	Speaks (or signs) with flat tone, affect.	0	1	2	3
55.	Uses "yes" and "no" inappropriately. Says "yes" when asked if he or she wants an aversive stimulus or says "no" when asked if he or she wants a favorite toy or treat.	0	1	2	3
56.	Uses "he" or "she" instead of "I" when referring to self.	0	1	2	3
57.	Speech is abnormal in tone, volume, or rate.	0	1	2	3
58.	Utters idiosyncratic words or phrases that have no meaning to others.	0	1	2	3

Subtotals

+	+	+
---	---	---

Maladaptive Speech Raw Score

--

Name: \_\_\_\_\_  
 DOB: \_\_\_\_\_  
 Patient ID \_\_\_\_\_  
 Date \_\_\_\_\_

Child Self-Report

**MOOD AND FEELINGS QUESTIONNAIRE: Short Version**

2-17 years old

This form is about how you might have been feeling or acting **recently**.

For each question, please select how you have been feeling or acting **in the past two weeks**.

If a sentence was not true about you, check NOT TRUE.  
 If a sentence was only sometimes true, check SOMETIMES.  
 If a sentence was true about you most of the time, check TRUE.

**Score the MFQ as follows:**

NOT TRUE = 0  
 SOMETIMES = 1  
 TRUE = 2

To code, please select one answer for each statement.	NOT TRUE	SOME TIMES	TRUE
1. I felt miserable or unhappy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I didn't enjoy anything at all.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I felt so tired I just sat around and did nothing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I was very restless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I felt I was no good anymore.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I cried a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I found it hard to think properly or concentrate.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I hated myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I was a bad person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I felt lonely.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I thought nobody really loved me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I thought I could never be as good as other kids.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I did everything wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



## Screen for Child Anxiety Related Disorders (SCARED) CHILD Version – Page 1 of 2 (to be filled out by the CHILD)

Developed by Boris Birmaher, M.D., Suneeta Khetarpal, M.D., Marlane Cully, M.Ed., David Brent, M.D., and Sandra McKenzie, Ph.D., Western Psychiatric Institute and Clinic, University of Pittsburgh (October, 1995). E-mail: birmaherb@upmc.edu

See: Birmaher, B., Brent, D. A., Chiappetta, L., Bridge, J., Monga, S., & Baugher, M. (1999). Psychometric properties of the Screen for Child Anxiety Related Emotional Disorders (SCARED): a replication study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 38(10), 1230-6.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

ID: \_\_\_\_\_

DOB: \_\_\_\_\_

### Directions:

Below is a list of sentences that describe how people feel. Read each phrase and decide if it is "Not True or Hardly Ever True" or "Somewhat True or Sometimes True" or "Very True or Often True" for you. Then, for each sentence, select the circle that corresponds to the response that seems to describe you *for the last 3 months*.

	0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True	
1. When I feel frightened, it is hard to breathe.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
2. I get headaches when I am at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SH
3. I don't like to be with people I don't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SC
4. I get scared if I sleep away from home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
5. I worry about other people liking me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	GD
6. When I get frightened, I feel like passing out.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
7. I am nervous.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	GD
8. I follow my mother or father wherever they go.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
9. People tell me that I look nervous.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
10. I feel nervous with people I don't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SC
11. I get stomachaches at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SH
12. When I get frightened, I feel like I am going crazy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
13. I worry about sleeping alone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
14. I worry about being as good as other kids.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	GD
15. When I get frightened, I feel like things are not real.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
16. I have nightmares about something bad happening to my parents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
17. I worry about going to school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SH
18. When I get frightened, my heart beats fast.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
19. I get shaky.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
20. I have nightmares about something bad happening to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP

**Screen for Child Anxiety Related Disorders (SCARED)**  
**CHILD Version – Page 2 of 2 (to be filled out by the CHILD)**

	<b>0</b> Not True or Hardly Ever True	<b>1</b> Somewhat True or Sometimes True	<b>2</b> Very True or Often True	
21. I worry about things working out for me.	○	○	○	GD
22. When I get frightened, I sweat a lot.	○	○	○	PN
23. I am a worrier.	○	○	○	GD
24. I get really frightened for no reason at all.	○	○	○	PN
25. I am afraid to be alone in the house.	○	○	○	SP
26. It is hard for me to talk with people I don't know well.	○	○	○	SC
27. When I get frightened, I feel like I am choking.	○	○	○	PN
28. People tell me that I worry too much.	○	○	○	GD
29. I don't like to be away from my family.	○	○	○	SP
30. I am afraid of having anxiety (or panic) attacks.	○	○	○	PN
31. I worry that something bad might happen to my parents.	○	○	○	SP
32. I feel shy with people I don't know well.	○	○	○	SC
33. I worry about what is going to happen in the future.	○	○	○	GD
34. When I get frightened, I feel like throwing up.	○	○	○	PN
35. I worry about how well I do things.	○	○	○	GD
36. I am scared to go to school.	○	○	○	SH
37. I worry about things that have already happened.	○	○	○	GD
38. When I get frightened, I feel dizzy.	○	○	○	PN
39. I feel nervous when I am with other children or adults and I have to do something while they watch me (for example: read aloud, speak, play a game, play a sport).	○	○	○	SC
40. I feel nervous when I am going to parties, dances, or any place where there will be people that I don't know well.	○	○	○	SC
41. I feel shy.	○	○	○	SC

**SCORING:****SCORE:**

A total score of <b>≥ 25</b> may indicate the presence of an <b>Anxiety Disorder</b> . Scores higher than 30 are more specific.	
A score of <b>7</b> for items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38 may indicate <b>Panic Disorder</b> or <b>Significant Somatic Symptoms</b> .	
A score of <b>9</b> for items 5, 7, 14, 21, 23, 28, 33, 35, 37 may indicate <b>Generalized Anxiety Disorder</b> .	
A score of <b>5</b> for items 4, 8, 13, 16, 20, 25, 29, 31 may indicate <b>Separation Anxiety Disorder</b> SOC.	
A score of <b>8</b> for items 3, 10, 26, 32, 39, 40, 41 may indicate <b>Social Anxiety Disorder</b> .	
A score of <b>3</b> for items 2, 11, 17, 36 may indicate <b>Significant School Avoidance</b> .	

*For children ages 8 to 11, it is recommended that the clinician explain all questions, or have the child answer the questionnaire sitting with an adult in case they have any questions.*

*The SCARED is available at no cost at [www.wpiu.pitt.edu/research\\_under\\_tools\\_and\\_assessments](http://www.wpiu.pitt.edu/research_under_tools_and_assessments), or at [www.pediatricbipolar.pitt.edu](http://www.pediatricbipolar.pitt.edu) under instruments.*



2-17 years old

# Screen for Child Anxiety Related Disorders (SCARED) PARENT Version - Page 1 of 2 (to be filled out by the PARENT)

Developed by Boris Birmaher, M.D., Suneeta Khetarpal, M.D., Marlane Cully, M.Ed., David Brent, M.D., and Sandra McKenzie, Ph.D., Western Psychiatric Institute and Clinic, University of Pittsburgh (October, 1995). E-mail: birmaherb@upmc.edu

See: Birmaher, B., Brent, D. A., Chiappetta, L., Bridge, J., Monga, S., & Baugher, M. (1999). Psychometric properties of the Screen for Child Anxiety Related Emotional Disorders (SCARED): a replication study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 38(10), 1230-6.

Name: \_\_\_\_\_  
ID: \_\_\_\_\_

Date: \_\_\_\_\_  
DOB: \_\_\_\_\_

### Directions:

Below is a list of sentences that describe how people feel. Read each phrase and decide if it is "Not True or Hardly Ever True" or "Somewhat True or Sometimes True" or "Very True or Often True" for your child. Then, for each statement, check the box that corresponds to the response that seems to describe your child for the last 3 months. Please respond to all statements as well as you can, even if some do not seem to concern your child.

	0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True	
1. When my child feels frightened, it is hard for him/her to breathe.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
2. My child gets headaches when he/she is at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SH
3. My child doesn't like to be with people he/she doesn't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SC
4. My child gets scared if he/she sleeps away from home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
5. My child worries about other people liking him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	GD
6. When my child gets frightened, he/she feels like passing out.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
7. My child is nervous.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	GD
8. My child follows me wherever I go.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
9. People tell me that my child looks nervous.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
10. My child feels nervous with people he/she doesn't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SC
11. My child gets stomach aches at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SH
12. When my child gets frightened, he/she feels like he/she is going crazy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
13. My child worries about sleeping alone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
14. My child worries about being as good as other kids.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	GD
15. When my child gets frightened, he/she feels like things are not real.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
16. My child has nightmares about something bad happening to his/her parents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP
17. My child worries about going to school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SH
18. When my child gets frightened, his/her heart beats fast.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
19. My child gets shaky.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PN
20. My child has nightmares about something bad happening to him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	SP



Name: \_\_\_\_\_  
 ID: \_\_\_\_\_

Date: \_\_\_\_\_

**Screen for Child Anxiety Related Disorders (SCARED)**  
**PARENT Version**—Page 2 of 2 (to be filled out by the parent)

	0	1	2	
	Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True	
21. My child worries about things working out for him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>GD</b>
22. When my child gets frightened, he/she sweats a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>PN</b>
23. My child is a worrier.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>GD</b>
24. My child gets really frightened for no reason at all.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>PN</b>
25. My child is afraid to be alone in the house.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SP</b>
26. It is hard for my child to talk with people he/she doesn't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SC</b>
27. When my child gets frightened, he/she feels like he/she is choking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>PN</b>
28. People tell me that my child worries too much.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>GD</b>
29. My child doesn't like to be away from his/her family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SP</b>
30. My child is afraid of having anxiety (or panic) attacks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>PN</b>
31. My child worries that something bad might happen to his/her parents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SP</b>
32. My child feels shy with people he/she doesn't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SC</b>
33. My child worries about what is going to happen in the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>GD</b>
34. When my child gets frightened, he/she feels like throwing up.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>PN</b>
35. My child worries about how well he/she does things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>GD</b>
36. My child is scared to go to school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SH</b>
37. My child worries about things that have already happened.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>GD</b>
38. When my child gets frightened, he/she feels dizzy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>PN</b>
39. My child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example: read aloud, speak, play a game, play a sport).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SC</b>
40. My child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she doesn't know well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SC</b>
41. My child is shy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>SC</b>

bold scores indicate  
 disorder, bold red  
 is more specific

**SCORING:**

A total score of **≥ 25** may indicate the presence of an **Anxiety Disorder**.

Scores higher than 30 are more specific.

A score of **7** for items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38 may indicate:

**Panic Disorder** or **Significant Somatic Symptoms**.

A score of **9** for items 5, 7, 14, 21, 23, 28, 33, 35, 37 may indicate **Generalized Anxiety Disorder**.

A score of **5** for items 4, 8, 13, 16, 20, 25, 29, 31 may indicate **Separation Anxiety SOC**.

A score of **8** for items 3, 10, 26, 32, 39, 40, 41 may indicate **Social Anxiety Disorder**.

A score of **3** for items 2, 11, 17, 36 may indicate **Significant School Avoidance**.

The SCARED is available at no cost at [www.wpic.pitt.edu/research](http://www.wpic.pitt.edu/research) under tools and assessments, or at [www.pediatric.bipolar.pitt.edu](http://www.pediatric.bipolar.pitt.edu) under instr



ID#:

Today's Date: \_\_\_\_\_ Child's Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's Phone Number: \_\_\_\_\_

**Directions:** Each rating should be considered in the context of what is appropriate for the age of your child. Please think about your child's behaviors since the last assessment scale was filled out when rating his/her behaviors.

Is this evaluation based on a time when the child  was on medication  was not on medication  not sure?

Symptoms	Never	Occasionally	Often	Very Often
1. Does not pay attention to details or makes careless mistakes with, for example, homework	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
2. Has difficulty keeping attention to what needs to be done	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
3. Does not seem to listen when spoken to directly	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
4. Does not follow through when given directions and fails to finish activities (not due to refusal or failure to understand)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
5. Has difficulty organizing tasks and activities	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
6. Avoids, dislikes, or does not want to start tasks that require ongoing mental effort	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
7. Loses things necessary for tasks or activities (toys, assignments, pencils, or books)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
8. Is easily distracted by noises or other stimuli	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
9. Is forgetful in daily activities	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
10. Fidgets with hands or feet or squirms in seat	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
11. Leaves seat when remaining seated is expected	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
12. Runs about or climbs too much when remaining seated is expected	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
13. Has difficulty playing or beginning quiet play activities	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
14. Is "on the go" or often acts as if "driven by a motor"	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
15. Talks too much	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
16. Blurts out answers before questions have been completed	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
17. Has difficulty waiting his or her turn	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
18. Interrupts or intrudes in on others' conversations and/or activities	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
19. Argues with adults	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
20. Loses temper	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
21. Actively defies or refuses to go along with adults' requests or rules	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
22. Deliberately annoys people	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
23. Blames others for his or her mistakes or misbehaviors	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
24. Is touchy or easily annoyed by others	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
25. Is angry or resentful	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
26. Is spiteful and wants to get even	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
27. Bullies, threatens, or intimidates others	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
28. Starts physical fights	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
29. Lies to get out of trouble or to avoid obligations (ie, "cons" others)	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
30. Is truant from school (skips school) without permission	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
31. Is physically cruel to people	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
32. Has stolen things that have value	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, Revised - 1102



Symptoms (continued)	Never	Occasionally	Often	Very Often
33. Deliberately destroys others' property	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. Is physically cruel to animals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. Has deliberately set fires to cause damage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. Has broken into someone else's home, business, or car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. Has stayed out at night without permission	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. Has run away from home overnight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. Has forced someone into sexual activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. Is fearful, anxious, or worried	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. Is afraid to try new things for fear of making mistakes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. Feels worthless or inferior	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. Blames self for problems, feels guilty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. Feels lonely, unwanted, or unloved; complains that "no one loves him or her"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. Is sad, unhappy, or depressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. Is self-conscious or easily embarrassed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Performance	Excellent	Above Average	Average	Somewhat of a problem	Problematic
48. Overall school performance	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
49. Reading	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
50. Writing	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
51. Mathematics	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
52. Relationship with parents	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
53. Relationship with siblings	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
54. Relationship with peers	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
55. Participation in organized activities (e.g., teams)	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5

**Explain/Comments:**

**For Office Use Only**

- Total number of questions scored 2 or 3 in questions 1–9: \_\_\_\_\_
- Total number of questions scored 2 or 3 in questions 10–18: \_\_\_\_\_
- Total Symptom Score for questions 1–18: \_\_\_\_\_
- Total number of questions scored 2 or 3 in questions 19–26: \_\_\_\_\_
- Total number of questions scored 2 or 3 in questions 27–40: \_\_\_\_\_
- Total number of questions scored 2 or 3 in questions 41–47: \_\_\_\_\_
- Total number of questions scored 4 or 5 in questions 48–55: \_\_\_\_\_
- Average Performance Score: \_\_\_\_\_



PATIENT NAME ( LAST, FIRST)

(DOB)

(DATE)

14-17 years

# The CRAFFT Screening Interview

Patient ID:

Date:

**Begin:** "I'm going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential."

## Part A

During the **PAST 12 MONTHS**, did you

- 1. Drink any **alcohol** (more than a few sips)?  No  Yes  
(Do not count a few sips of alcohol taken during family or religious events)
- 2. Smoke any **marijuana** or **hashish**?  No  Yes
- 3. Use **anything else** to get high? ("**anything else**" includes other illegal drugs, prescription or non-prescription medicines or things that people sniff or "huff")  No  Yes

**For clinic use only: Did the patient answer "yes" to any questions in Part A?**

No



**Ask CAR question only, then stop**

Yes



**Ask all 6 CRAFFT questions**

## Part B

- 1. Have you ever ridden in a **CAR** driven by someone (including yourself) who was "high" or had been using alcohol or drugs?  No  Yes
- 2. Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?  No  Yes
- 3. Do you ever use alcohol or drugs while you are by yourself, or **ALONE**?  No  Yes
- 4. Do you ever **FORGET** things you did while using alcohol or drugs?  No  Yes
- 5. Do your **FAMILY** or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?  No  Yes
- 6. Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?  No  Yes

\*Two or more YES answers on the CRAFFT suggest a serious problem and need for further assessment.

TOTAL

### CONFIDENTIALITY NOTICE:

The information recorded on this page may be protected by special federal confidentiality rules (42 CFR Part 2), which prohibit disclosure of this information unless authorized by specific written consent.

# Adverse Childhood Experience (ACE) Questionnaire

## Finding your ACE Score

5-100 years

ID# \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_

### While you were growing up, during your first 18 years of life:

1. Did a parent or other adult in the household **often** ...  
Swear at you, insult you, put you down, or humiliate you?  
**or**  
Act in a way that made you afraid that you might be physically hurt?  
 Yes  No \_\_\_\_\_
2. Did a parent or other adult in the household **often** ...  
Push, grab, slap, or throw something at you?  
**or**  
**Ever** hit you so hard that you had marks or were injured?  
 Yes  No \_\_\_\_\_
3. Did an adult or person at least 5 years older than you **ever**...  
Touch or fondle you or have you touch their body in a sexual way?  
**or**  
Try to or actually have oral, anal, or vaginal sex with you?  
 Yes  No \_\_\_\_\_
4. Did you **often** feel that ...  
No one in your family loved you or thought you were important or special?  
**or**  
Your family didn't look out for each other, feel close to each other, or support each other?  
 Yes  No \_\_\_\_\_
5. Did you **often** feel that ...  
You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?  
**or**  
Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?  
 Yes  No \_\_\_\_\_
6. Were your parents **ever** separated or divorced  
 Yes  No \_\_\_\_\_
7. Was your mother or stepmother:  
**Often** pushed, grabbed, slapped, or had something thrown at her?  
**or**  
**Sometimes or often** kicked, bitten, hit with a fist, or hit with something hard?  
**or**  
**Ever** repeatedly hit over at least a few minutes or threatened with a gun or knife?  
 Yes  No \_\_\_\_\_
8. Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?  
 Yes  No \_\_\_\_\_
9. Was a household member depressed or mentally ill or did a household member attempt suicide?  
 Yes  No \_\_\_\_\_
10. Did a household member go to prison?  
 Yes  No \_\_\_\_\_

\_\_\_\_\_ **This is your ACE Score**

**CONSENT FOR RELEASE OF INFORMATION**  
**ADVANCED PRACTICE PSYCHIATRIC SOLUTIONS, LLC**  
CB Benway CRNP, PMH, Owner  
13327 Wisdom Way  
Hagerstown, Maryland 21742  
appsmentalhealth@gmail.com  
Telephone: 240-970-7300      Fax: 240-231-9755

I, \_\_\_\_\_ Date of Birth \_\_\_\_\_  
(Clients Name) (Date of Birth)

hereby authorize the exchange of information between:

\_\_\_\_\_  
(Full name of person or provider you wish us to contact or exchange information with or get information from)

\_\_\_\_\_  
(Their address, phone fax, and e-mail if you have it)

and CB Benway CRNP, PMH, owner as well as staff and providers of ADVANCED PRACTICE PSYCHIATRIC SOLUTIONS, LLC. This may include: (Specify records, reports, verbal conversations, all records or other data to be released).

( ALL RECORDS, EVALUATIONS, RESULTS AND VERBAL CONVERSATIONS) \_\_\_\_\_

The records are required for the specific purpose of ( continuity of care, a continuation of care, collaboration of care, transfer of care, records).

CONTINUITY OF CARE COLLABORATION OF CARE \_\_\_\_\_

I understand that my authorization shall remain effective for a period of one year from the date of my signature and that all information released will be handled confidentially, in compliance with the Federal Privacy Act (P.L. 93-575), the Federal Alcohol and Drug Abuse Act (P.L. 92-282), and the Maryland Mental Health Code HG §8-601.

I also understand that I may revoke this authorization (except to the extent that action has been taken in reliance thereon) at any time by written dated communication to CB Benway CRNP, PMH, Owner, as well as staff and providers of & Advanced Practice Psychiatric Solutions, LLC. It is agreed that the recipient of this information will refrain from and will protect against disclosure of any information received which is not authorized by further consent of the patient of his/her parent, guardian, or authorized representative unless provided for under law or regulation.

I understand that I may not be required to sign this authorization as a condition of my ability to obtain treatment or payment or my eligibility for benefits.

\_\_\_\_\_  
Clients Signature

\_\_\_\_\_  
Parent or Legal Guardian

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date



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\_\_\_\_\_

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Date





### Advanced Practice Psychiatric Solutions, LLC

13327 Wisdom Way  
Hagerstown, MD 21742  
Office: (240) 970-7300  
Fax: (240) 231-9755  
[appsmentalhealth@gmail.com](mailto:appsmentalhealth@gmail.com)  
NPI 1679053540

#### Delegation of Authority Consent for Treatment

I \_\_\_\_\_, certify that I am the parent or legal guardian of  
\_\_\_\_\_ Date of Birth \_\_\_\_\_.  
(NAME OF CHILD)

I Hereby delegate to the following individual ("Designee") the authority to consent for any and all medical/ mental health treatment provided by Advanced Practice Psychiatric Solutions, LLC for the above-named child.

NAME OF DESIGNEE \_\_\_\_\_

ADDRESS OF DESIGNEE \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

FAX NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

This authority includes, but is not limited to, the following methods of treatment:

- Physical Health assessment
- Prescription of specific medications
- Physical health assessment
- Psychotherapy- individual group or and family
- Art therapy
- Speech and Language Therapy

I further authorize Advanced Practice Psychiatric Solutions, LLC, to release medical record information about the above-named child to my Designee.

I understand that this delegation of authority shall remain in effect until it is revoked by me or my Designee, in writing, AND a copy of such revocation is received by Advanced Practice Psychiatric Solutions, LLC

I release Advanced Practice Psychiatric Solutions, LLC and their directors, officers, employees and agents from any claims or liability arising solely out of their reliance upon this delegation of authority

\_\_\_\_\_  
(SIGNATURE OF PARENT/GUARDIAN)

\_\_\_\_\_  
(DATE)

\_\_\_\_\_  
(WITNESS SIGNATURE)

\_\_\_\_\_  
(DATE)

I HEREBY ACCEPT THE ABOVE-REFERENCED DELEGATION OF AUTHORITY TO CONSENT FOR TREATMENT.

\_\_\_\_\_  
(SIGNATURE OF DESIGNEE)

\_\_\_\_\_  
(DATE)